

B.S. Health and Wellness Transfer Pathway

We have partnered with **Lakes Region Community College** to offer a Pathways Program that allows you to seamlessly transfer to Granite State College. Use this document to maximize your transfer credit at your community college and prepare for your bachelor's degree at Granite State College.

WHY GRANITE STATE COLLEGE?

- Accepts up to 90 credits in transfer
- Top-ranked among the nation's Best Online Bachelor's Degree Programs by *U.S. News & World Report*
- Built for students balancing work, school, and other commitments

ELIGIBLE MAJORS

This pathway is best suited for those with an associate degree in an allied health, wellness, or closely related field.

COURSES TO TAKE AT LRCC		GSC EQUIVALENTS
	BIOL 129L Nutrition for Health and Fitness	SCI 502 Nutrition and Health
	ENGL 122L Technical Communications	COMM 605 Professional Communication
	MATH 216L Statistics	MATH 504 Statistics
	PSYC 1250L Introduction to Psychology	PSY501 Introduction to Psychology
Choice of:	BIOL 144L Human Biology with Lab <u>or</u> BIOL 145L Anatomy and Physiology I	SCI 505 Human Biology

These courses fulfill critical degree requirements for this degree at Granite State College. We accept many additional courses from CCSNH institutions.

COURSES TO TAKE AT GRANITE STATE COLLEGE	
	CRIT 602 Advanced Critical Analysis and Strategic Thinking
	HLTC 550 Emerging US Health Care System
	HLTC 560 Health Behaviors: Theoretical Foundations for Health Education
	HLTC 612 Population Health
	HLTC 620 Needs Assessment and Strategies for Health Education and Promotion
	IDIS 601 Interdisciplinary Seminar
	SCI 603 Advanced Human Physiology of Wellness (<i>BIOL 146L Anatomy and Physiology II</i>)
Choose any 1:	SCI 508 Issues in Women's Health SCI 509 Diseases of the 21st Century SCI 610 Contemporary Issues in Personal and Global Health SCI 615 Fitness and Health HLTC 540 Practicum in Health Care
Choice of:	SCI 604 Principles of Exercise Science <u>or</u> SCI 615 Fitness and Health
Elective Credit:	As needed to reach 120 total credits
Choose One Capstone:	HLTC 651 Integrative Capstone: Internship in Health & Wellness <u>or</u> HLTC 652 Integrative Capstone: Project in Health & Wellness

An advisor at Granite State College will provide you with the best possible guidance for course selections each term.

PLEASE NOTE

- Granite State College accepts up to 90 credits in transfer
- Courses must be completed with a grade of "C" or better to be eligible for transfer credit
- Students who lack the courses from their community college can take equivalent courses at Granite State College in lieu of elective courses
- Additional degree requirements may be met in transfer by courses taken in the associate degree
- Course titles, names, and/or sequencing are subject to change
- Please note that four Upper Level (600-level) courses in your major MUST be taken at Granite State College