B.S. Health and Wellness Transfer Pathway

We have partnered with Nashua Community College to offer a Pathways Program that allows you to seamlessly transfer to Granite State College. Use this document to maximize your transfer credit at your community college and prepare for your bachelor’s degree at Granite State College.

WHY GRANITE STATE COLLEGE?
- Accepts up to 90 credits in transfer
- Top-ranked among the nation’s Best Online Bachelor’s Degree Programs by U.S. News & World Report
- Built for students balancing work, school, and other commitments

ELIGIBLE MAJORS
This pathway is best suited for those with an associate degree in Allied Health, Wellness, General Studies in Health, or a closely related field.

COURSES TO TAKE AT NCC

<table>
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<tr>
<th>BIOL 115N Nutrition</th>
<th>SCI 502 Nutrition and Health</th>
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<tr>
<td>PSYC 101N Introduction to Psychology</td>
<td>PSY501 Introduction to Psychology</td>
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Choice of:
- BIOL 111N Basic Human Anatomy & Physiology or BIOL 201N Anatomy and Physiology I
- SCI 505 Human Biology

Choice of:
- MATH 106N Statistics I or MATH 107N Honors Statistics I
- MATH 504 Statistics

These courses fulfill critical degree requirements for this degree at Granite State College. We accept many additional courses from CCSNH institutions.

COURSES TO TAKE AT GRANITE STATE COLLEGE

| COMM 605 Professional Communication |
| HLTC 550 Emerging US Health Care System |
| HLTC 560 Health Behaviors: Theoretical Foundations for Health Education |
| HLTC 612 Population Health |
| HLTC 620 Needs Assessment and Strategies for Health Education and Promotion |
| IDIS 601 Interdisciplinary Seminar |
| HLTC 550 Emerging US Health Care System |
| SCI 603 Advanced Human Physiology of Wellness (BIOL 202N Anatomy and Physiology II) |

Choose any 1:
- SCI 508 Issues in Women’s Health
- SCI 509 Diseases of the 21st Century
- SCI 610 Contemporary Issues in Personal and Global Health
- SCI 615 Fitness and Health
- HLTC 540 Practicum in Health Care

Choice of:
- SCI 604 Principles of Exercise Science or SCI 615 Fitness and Health

Elective Credit: As needed to reach 120 total credits

Choose One Capstone:
- HLTC 651 Integrative Capstone: Internship in Health & Wellness or HLTC 652 Integrative: Project in Health & Wellness

An advisor at Granite State College will provide you with the best possible guidance for course selections each term.

PLEASE NOTE
- Granite State College accepts up to 90 credits in transfer
- Courses must be completed with a grade of “C” or better to be eligible for transfer credit
- Students who lack the courses from their community college can take equivalent courses at Granite State College in lieu of elective courses
- Additional degree requirements may be met in transfer by courses taken in the associate degree
- Course titles, names, and/or sequencing are subject to change
- Please note that four Upper Level (600-level) courses in your major MUST be taken at Granite State College